

### *Pasta, Pasta, Pasta*

Choose your sauce. Choose your pasta.

Served with Caesar salad and rolls.

3/4 Portion available at lunch only.

|  |  |                     |  |
|--|--|---------------------|--|
| <b>Abruzzi</b>   | Marinara sauce, ricotta cheese, fresh basil.   |                     |  |
|  | 3/4 Portion...\$8  | Full portion...\$10 |  |
| <b>Alfredo</b>   | Traditional creamy and cheesy.   |                     |  |
|  | 3/4 Portion...\$8  | Full portion...\$10 |  |
| <b>Arribiata</b>   | Sautéed prosciutto, black olives, spicy marinara.  |                     |  |
|  | 3/4 Portion...\$9  | Full portion...\$11 |  |
| <b>Aurore</b>  | A classic blush sauce - marinara sauce with a dash of cream.                                 |                     |  |
|  | 3/4 Portion...\$8  | Full portion...\$10 |  |
| <b>Bolognese</b>   | Sautéed ground beef, mushrooms, marinara sauce, dash of cream.                               |                     |  |
|  | 3/4 Portion...\$8  | Full portion...\$10 |  |
| <b>Ci Telfono</b>  | Marinara, fresh basil, fresh buffalino mozzarella cheese.                                    |                     |  |
|  | 3/4 Portion...\$8  | Full portion...\$10 |  |
| <b>Desperada</b>   | Olive oil, garlic, black olives, capers, anchovy (optional), spicy marinara.                 |                     |  |
|  | 3/4 Portion...\$9  | Full portion...\$11 |  |
| <b>Enna</b>  | Sautéed prosciutto, sun dried tomatoes, goat cheese, and a dash of cream.                    |                     |  |
|  | 3/4 Portion...\$9  | Full portion...\$11 |  |
| <b>Foresta</b>   | Sautéed chicken tenders, broccoli, mushrooms and fresh tomato in a white wine pesto sauce.   |                     |  |
|  | 3/4 Portion...\$9  | Full portion...\$11 |  |
| <b>La Spezia</b>   | Sautéed artichoke hearts, sun dried tomatoes, marinara sauce.                                |                     |  |
|  | 3/4 Portion...\$8  | Full portion...\$10 |  |
| <b>Lucille</b>   | Sautéed artichoke hearts, sun dried tomatoes, spinach, marinara sauce, with a dash of cream. |                     |  |
|  | 3/4 Portion...\$9  | Full portion...\$11 |  |
| <b>Marinara</b>  | Plum tomatoes, garlic, onion, basil.   |                     |  |
|  | 3/4 Portion...\$7  | Full portion...\$9  |  |
| <b>Marinara with Meatballs or Sausage</b>                      |  |                     |  |
|  | 3/4 Portion...\$9  | Full portion...\$11 |  |
| <b>Milano</b>  | Sautéed chicken tenders and mushrooms with white wine, in a demi glace cream sauce.          |                     |  |
|  | 3/4 Portion...\$9  | Full portion...\$11 |  |
| <b>Monseze</b>   | Sautéed sweet Italian sausage and eggplant, marinara sauce.                                  |                     |  |
|  | 3/4 Portion...\$9  | Full portion...\$11 |  |
| <b>Victoria</b>  | Sautéed prosciutto, sun dried tomatoes, spinach, peas, marinara sauce with a dash of cream.  |                     |  |
|  | 3/4 Portion...\$9  | Full portion...\$11 |  |
| <b>Pasta Choices:</b>  |  |                     |  |
| Cappellini, Fettuccine, Linguine, Penne, Rigatoni or Spaghetti |  |                     |  |
| <b>Add:</b>  | Cavatelli, Gnocchi, Ravioli or Tortellini  | \$2                 |  |
|  | Chicken, Meatballs or Sausage  | \$2                 |  |
|  | Fish du Jour or Shrimp   | \$4                 |  |

### *Fruta Del Mare*

Served with Caesar salad and rolls.

|   |  |                            |
|---|--|----------------------------|
| <b>Shrimp and/or Scallops Fra Diablo</b>  | Sautéed shrimp and/or scallops in a spicy marinara tossed with pasta.  | \$13                       |
| <b>Shrimp and/or Scallop Scampi</b>   | Sautéed shrimp and/or scallops with garlic, olive oil, white wine, lemon and butter, tossed with pasta.  | \$13                       |
| <b>Penne Monsignor</b>  | Sautéed jumbo shrimp and scallops in olive oil and garlic with mushrooms and fresh tomato in a white wine sauce.                                 | \$13                       |
| <b>Grouper Provencal</b>  | Sautéed grouper filet, capers, fresh tomato, black olives and white wine. Side of pasta or vegetables.   | \$12                       |
| <b>Penne Cardinale</b>  | Jumbo shrimp sautéed in garlic and olive oil with roasted red peppers in a white wine cream sauce with a dash of marinara and tossed with penne. | \$13                       |
| <b>Cappellini Canadese</b>  | Sautéed smoked salmon with capers, flamed with vodka, finished with cream, tossed with cappellini.   | \$12                       |
| <b>Penne Kelrio</b>   | Sautéed shrimp, sun dried tomatoes and prosciutto in marinara sauce with a dash of cream, tossed with penne.                                     | \$13                       |
| <b>Salmon Dijonaise</b>   | Sautéed salmon filet, Dijon mustard, capers, white wine and cream, served with a side of pasta or vegetables.                                    | \$12                       |
| <b><i>Alimento della Campagna</i></b>   |  |                            |
| Served with a side of pasta marinara or vegetable of the day, Caesar salad and rolls. |  |                            |
| <b>Val d'Asta</b>   | Sautéed spinach, prosciutto di Parma and mozzarella cheese in a mushroom marsala wine sauce.   | Chicken...\$12 Veal...\$14 |
| <b>Lemon Chicken</b>  | Sautéed chicken breast with fresh lemon, white wine and demi glace.  | Chicken...\$11             |
| <b>Parmagiana</b>   | Panko crusted with marinara sauce and melted mozzarella cheese.  | Chicken...\$11 Veal...\$13 |
| <b>Saltimbocca</b>  | Prosciutto di Parma and mozzarella cheese in a white wine sauce.   | Chicken...\$12 Veal...\$14 |
| <b>Pavarotti</b>  | Mozzarella cheese, in a sauce of capers, pimento, white wine and cream.  | Chicken...\$12 Veal...\$14 |
| <b>Vivian</b>   | Sautéed spinach, lump crabmeat and mozzarella cheese, in a white wine cream sauce.   | Chicken...\$13 Veal...\$15 |
| <b>Europa</b>   | Grilled asparagus, prosciutto di Parma and mozzarella cheese in a white wine sauce.  | Chicken...\$12 Veal...\$14 |
| <b>Lonchano</b>   | Topped with grilled eggplant and melted buffalino mozzarella cheese in a marsala wine sauce with sautéed artichoke hearts and mushrooms.         | Chicken...\$12 Veal...\$14 |
| <b>Marsala</b>  | Mushroom marsala wine sauce.   | Chicken...\$11 Veal...\$13 |
| <b>Vineola</b>  | Sautéed artichoke hearts and mushrooms, flamed with balsamico and marsala wine.  | Chicken...\$12 Veal...\$14 |
| <b>Modenese</b>   | Grilled eggplant, prosciutto di Parma, mozzarella cheese in a creamy marinara sauce.   | Chicken...\$12 Veal...\$14 |



## **AUTHENTIC ITALIAN CUISINE**

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by Vince and Donna Totaro since 1992*

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in our newly renovated  
BYOB Dining Room  
surrounded by a mural of the  
beautiful Italian country side.*

Monday through Thursday  
Open till 8:00 pm  
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**610-828-7050**

Fax 610-828-7052

[www.trattoriatotaro.com](http://www.trattoriatotaro.com)

639 Springmill Avenue  
Conshohocken, PA 19428

## Trattoria Salads

Salads served with dressing on the side. **Each \$6.5**

### Caesar Salad

Romaine lettuce, homemade croutons and black pepper served with our homemade cheesy Caesar dressing.

### Greek Salad

Romaine lettuce, feta cheese, kalamata olives, chic peas, purple onion, cucumbers and tomatoes served with our sun dried tomato balsamic vinaigrette.

### Spinach Salad

Baby spinach, crumbled bacon, hard boiled egg, purple onion and served with our house sweet vidalia tomato dressing.

### Summer Salad

Romaine lettuce, tomato, caramelized onion, roasted red peppers, feta cheese served with sweet vidalia tomato dressing.

### Garden Salad

Romaine lettuce and fresh garden vegetables served with sun dried tomato balsamic vinaigrette.

### Asian Garden Salad

Romaine lettuce, toasted sesame seeds, sesame crunchies, mandarin orange slices and tomato with oriental sesame dressing.

### Berry Salad

Spring mix, nuts, bleu cheese, dried berries, purple onion and tomato served with raspberry balsamic dressing.

Add: Grilled chicken to any salad **\$3**  
Grilled shrimp or fish to any salad **\$4**

### Tuna Messina Salad

Italian style tuna salad, black bean salsa, feta cheese and tomatoes served over romaine. **\$8**

#### Our Specialty Salad Dressings Include:

Sun Dried Tomato Balsamic Vinaigrette, Caesar,

Sweet Vidalia Tomato, Raspberry Balsamic,

Poppy Seed, Oriental Sesame, Ranch and Bleu Cheese.

All of our homemade dressings are available for take-out.

Choose from 1/2 pint, pint, or in a 6 oz. decorative jar for \$10 which are refillable for \$5, as often as you wish!

## Hoagies & Clubs

Hoagies on a long roll, or as a wrap, served with chips. **Each \$7**

### Trattoria Hoagie

Prosciutto di Parma, cappicola, sopprasata, sharp provolone cheese, lettuce, tomato and purple onion, drizzled with sun dried tomato balsamic vinaigrette.

### Tuna Hoagie

Italian style tuna salad (no mayo), lettuce and tomato.

### Chicken Salad Hoagie

Anna's chicken salad, lettuce and tomato.

### Kryptonite Hoagie

Freshly roasted sliced beef, caramelized onion, lettuce and tomato with roasted garlic rosemary mayo.

### Turkey Hoagie

Roast turkey breast, prosciutto, provolone cheese, lettuce, tomato and purple onion with honey mustard.

### Clubs

Classic Turkey Club, Ham and Cheese Club or Roast Beef Club choice of rye, whole wheat or white bread.

## Trattoria Soups & Specials

Call 610-828-7050 for our Daily Selection of Homemade Soups and Chef Specials.

## Trattoria Sandwiches

Includes chips or for roasted potatoes add \$.50  
Bread substitutions available choose from rolls (long or Kaiser), for Sterato/Panini add \$.50, wraps or bread (rye, whole wheat or white).

### Hot Sandwiches

Served on a long roll or for Sterato add \$.50

### Italian Sandwich **\$7**

Grilled eggplant, prosciutto di Parma and roasted red peppers, topped with melted sharp provolone cheese.

### Rib Eye **\$7**

Thin sliced prime beef grilled and smothered with caramelized onions, mushrooms and mozzarella cheese, on a Kaiser roll.

### Italian Sausage **\$6**

Sweet Italian sausage grilled and topped with sautéed green bell peppers and caramelized onions.

### Meatball Parmagiana **\$6**

Meatballs marinara topped with melted mozzarella cheese.

### Tuna Messina Melt **\$6**

Italian style tuna salad (no mayo), purple onion, tomato, swiss cheese.

### Crab Cake Sandwich **\$8**

House made crab cake on a Conshy bakery Kaiser roll with lettuce and tomato. Tartar or cocktail sauce upon request.

## Grilled Chicken Sandwiches

Served on a long roll or for Sterato add \$.50

### Honey Mustard Chicken **\$6.5**

Grilled chicken breast topped with melted cheddar and honey mustard.

### Grilled Chicken Osquela **\$7**

Topped with caramelized onions and gorgonzola cheese.

### Chicken Parmagiana **\$6.5**

Breaded chicken topped with marinara and lots of melted mozzarella cheese served on a Kaiser roll.

### Italian Chicken **\$7**

Sautéed spinach, roasted red peppers, prosciutto and mozzarella cheese.

### Chickplant Parmagiana **\$6.5**

Grilled chicken breast topped with grilled eggplant, marinara and melted mozzarella.

### Chicken Bleu **\$7**

Topped with grilled asparagus and bleu cheese.

### The Original Trattoria Grilled Chicken **\$6.5**

Topped with roasted red peppers and melted mozzarella cheese.

### Crispy Chipotle Chicken **\$7**

Crispy chicken, lettuce, tomato, purple onions, roasted garlic rosemary mayo, cheddar cheese drizzled with chipotle sauce.

### The Vincenzo **\$7**

Grilled chicken topped with sautéed spinach, roasted red peppers and feta cheese on Sterato.

## Flame Grilled Burgers

Served on a Kaiser roll with roasted potatoes. **Each \$7.5**

### Half Pound Flame Grilled Burger

Topped with your choice of two of the following:

Swiss, cheddar, mozzarella, American, bleu, bacon, grilled asparagus, mushroom, caramelized onions guacamole or black bean salsa.

Additional toppings add \$.50 Each.

### Wrap it Up

Served on a 12" flour tortilla **Each \$6.5**

### Autumn Turkey

Roasted breast of turkey, roasted garlic cranberry mayo, cheddar cheese, lettuce and tomato.

### Genovese

Grilled chicken strips, pesto mayo, lettuce, tomato and provolone cheese.

### The Jill

Roasted breast of turkey, swiss cheese, crispy bacon, honey mustard, lettuce and tomato.

### Chicken BLT

Grilled chicken strips, crispy bacon, lettuce, tomato and mayo.

### Allegro

Roasted breast of turkey, pesto mayo, provolone cheese, lettuce and tomato.

### Turkey Club

Roasted breast of turkey, bacon, lettuce, tomato and mayo.

### Chicken Caesar

Romaine lettuce tossed in our cheesy Caesar dressing with grilled chicken strips.

### Roast Beef

Sliced roast of beef, swiss cheese, horseradish mayo, lettuce and tomato.

### Southwestern Chicken

Jalapeno cheddar cheese, grilled chicken strips, roasted corn black bean salsa, guacamole and lettuce.

### Tuna Messina

Italian style tuna salad (no mayo), roasted corn black bean salsa, feta cheese and tomato.

## Vegetarian Sandwiches

**Each \$7**

### Grilled Veggie Bomber

Grilled eggplant, zucchini, mushrooms, roasted red peppers and caramelized onions, topped with mozzarella cheese, served on a long roll.

### Artiplant

Grilled eggplant, artichoke hearts, roasted red peppers, sharp provolone cheese, served on a long roll.

### Veggie Hummus Wrap

House made hummus, fresh garden vegetables, feta cheese in a soft tortilla.

### Mediterranean Wrap

Hummus, kalamata olives, cucumber, feta cheese, purple onion, lettuce and tomato in a soft tortilla.